

## HOW TO SPA?

Should I pre- book the spa appointment?

Guest may book the appointment 2 days prior to the treatments, so we can advise most suitable time for you.

What if I have special health considerations?

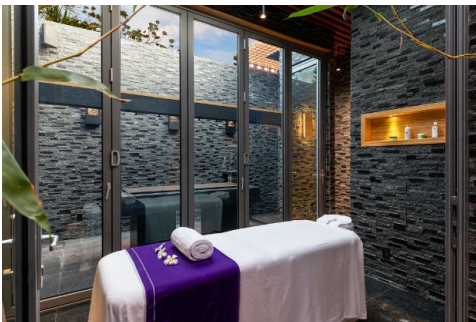
Please notify us if you are pregnant; or if you have any concerns regarding your health or body please let us know. We recommend that alcohol not be consumed before, during or immediately after your spa treatments.

What if I need to cancel my treatments?

We understand that sometimes you may need to change your schedule. To avoid a cancellation full charge please contact us at least 48 hours in advance of your scheduled service. If the cancellation is not done in accordance with the specified time, 50% charge will be applied.

About service charge and gratuities

For your convenience a 12% Local Government Tax will be automatically added to your spa services receipt. You may leave on additional gratuity for team members who deliver exceptional service.



Relaxing Massages &  
Ancient healing  
Remedies



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## WONDERFUL MASSAGES

### Deep Tissue Massage

60 minutes USD 150 | 90 minutes USD 200

This massage release stress, eases muscle tension, boost circulation and improve mobility as well as muscle and skin tone. It targets the areas of concern specified by a guest and work therapeutically into deeper muscle layers, addressing triggers points with gentle pressure and release techniques.

### Swedish Massage

60 minutes USD 130 | 90 minutes USD 190

For complete relaxation, it is hard to beat the smooth stroking hand techniques. These soothing massages reduce tension and enhance circulation throughout the body.

### Balinese Massage

60 minutes USD 130 | 90 minutes USD 190

Feel tension dissolve with this ancient Balinese healing therapy that involving of fusion techniques including gentle stretching, long therapeutic strokes and skin rolling to relieve muscle pain and aromatherapy oils to stimulate the blood flow, oxygen and “qi” (energy).

### Thai Massage

60 minutes USD 130 | 90 minutes USD 190

Traditional Thai massage is an ancient method of aligning and balancing the energies of the body. Technique is using thumb and palm pressure on the body’s energy lines “Sen” as well as pressure points along with a variety of stretching movement.

## WONDERFUL MASSAGES

### Hot Stone Massage

60 minutes USD 150 | 90 minutes USD 200

Smooth heated basalt stones are placed strategically along specific meridian points and used individually to massage the entire body. This smooth rhythmic massage promotes gentle muscle ease and relaxation from the deep penetrating heat of the stones. You can also add your choice of essential oils to enhance the benefits of this relaxing massage.

## RITUALS

### Balinese Lulur Scrub

45 minutes USD 150

Balinese Scrub applied the scrub to the whole body with traditional Balinese product. This treatment exfoliates the skin on your body, leaving it feeling fresh, smooth, will soften and renew your skin.

### Whisper of the Ocean

90 minutes USD 200

The treatment begins with Sea Salt Body Scrub to improve circulation, balance acidity, gently detoxify the body, and cleanse the skin. Followed with a massage of your choice to releases a profound amount of tensions in the muscles.

### Yin & Yang Stone Massage

70 minutes USD 200

A fire and water massage is a specialized type of bodywork with gentle pressure designed to harness the contrasting energies associated with fire (heat, intensity, vigor) and water (coolness, calm, flow). This approach is rooted in ancient wellness traditions that view fire and water as symbolic elements, each with unique qualities that can benefit the body and mind when harmonized.

## FACIAL

### Comfort Lovina's Facial

45 minutes USD 130

Comfort the skin with a combination of botanical ingredients that soothe sensitized skin. This calming facial is the perfect answer for the hyper sensitivity that can come with frequent travel and other skin challenges such as rosa-cea.

### Intense Hydration Facial and Anti Aging

45 minutes USD 130

Perfectly refreshed, the skin regains softness and radiance. Tightening sensations disappear, the complexion its capital hydration and anti aging.

### Reflexology

45 minutes USD 80

Reflexology is a traditional Chinese massage that focuses solely the treatment of your tired feet. We will ease any tension you may be feeling.

