# WELCOME

# LOVINA SPA

AT KOKOMO BOTANI CAL RESORT



Relaxing Massages and Ancient Healing Remedies

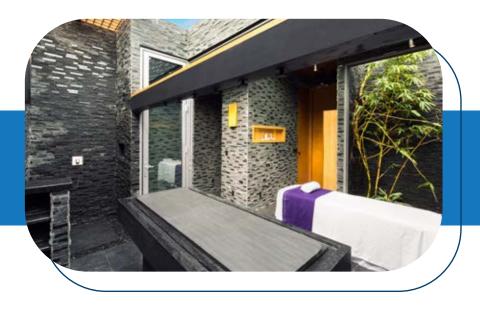


# LOVINA SPA

Housed in the tranquil garden spa pavilion, is the renowned Lovina Spa. Reputed for its relaxing massages and ancient healing remedies, Lovina Spa is Indonesian-owned and operated, offering authentic Balinese treatments.

While you are enjoying your retreat at Kokomo Botanical Resort, you can enhance the experience with one or more treatments from Lovina Spa's extensive list of services. Select from a wide array of massages, facials, and body treatments designed to detoxify your body, rejuvenate your spirit, stimulate renewal of damaged cells, and leave you feeling invigorated.





# WONDERFUL MASSAGES



#### 1. Deep Tissue Massage

**60 minutes USD 150 | 90 minutes USD 200** This massage release stress, eases muscle tension, boost circulation and improve mobility as well as muscle and skin tone. It targets the areas of concern specified by a guest and work therapeutically into deeper muscle layers, addressing triggers points with gentle pressure and release techniques.

# 2. Swedish Massage

**60 minutes USD 130 | 90 minutes USD 190** For complete relaxation, it is hard to beat the smooth stroking hand techniques. These soothing massages reduce tension and enhance circulation throughout the body.

# 3. Balinese Massage

60 minutes USD 130 | 90 minutes USD 190 Feel tension dissolve with this ancient Balinese healing therapy that involving of fusion techniques including gentle stretching, long therapeutic strokes and skin rolling to relieve muscle pain and aromatherapy oils to stimulate the blood flow, oxygen and "qi" (energy).

#### Relax

#### Detoxify

## 4. Thai Massage

**60 minutes USD 130 | 90 minutes USD 190** Traditional Thai massage is an ancient method of aligning and balancing the energies of the body. Technique is using thumb and palm pressure on the body's energy lines "sen" as well as pressure points along with a variety of stretching movement.

# 5. Four Lovina's Massage

#### 60 minutes USD 250

Two therapist works on tired muscles in synchronicity to heal the body and mind. The four Lovina's has been specifically choregraphed for your complete relaxation.

# 6. Hot Stone Massage

#### 60 minutes USD 250

Smooth heated basalt stones are placed strategically along specific meridian points and used individually to massage the entire body. This smooth rhythmic massage promotes gentle muscle ease and relaxation from the deep penetrating heat of the stones. You can also add your choice of essential oils to enhance the benefits of this relaxing massage.



# BODY TREATMENTS



#### 1. Balinese Body Lulur

#### 90 minutes USD 190

Start with 30 minutes traditional Balinese Lulur/Wrap to help with circulation, relieve muscle tension, then continue with 60 minutes Balinese massage.

# 2. Goat Milk and Honey Wrap

#### 60 minutes USD 160

Detoxifying treatment blend of goat milk and honey, smooth the skin, and finish with lotion application to moisturize your skin.

## 3. Pineapple Papaya Sugar Scrub

#### 60 minutes USD 140

Starting body exfoliation with pineapple papaya and sugar scrub, followed by lotion application.

## 4. Goat Milk and Honey Wrap

#### 60 minutes USD 120

A delectable body exfoliation ritual followed with application layer of moisturizer, providing skin softness beyond compare.

# RITUALS

#### 1. Whisper of the Ocean

#### 90 minutes USD 200

The treatment begins with Sea Salt Body Scrub to improve circulation, balance acidity, gently detoxify the body, and cleanse the skin. Followed with a massage of your choice to releases a profound amount of tensions in the muscles.

# 2. Island Dreams

#### 120 minutes USD 260

Body brushing and exfoliation first smooth and soften skin, followed by an indulgent massage using nourishing oils to penetrate tired, aching muscles. Finally, a comforting scalp massage and gentle stretching allows you to relax and unwind.



# HANDS AND FEET

#### 1. Manicure

#### 45 minutes USD 50

Consists of filling and shaping of the nails, cuticle Treatment, massage of the hands and application of the polish.

#### 2. Pedicure

#### 60 minutes USD 65

Consists of botanical foot soak, filling and shaping of the nails, cuticle treatment, scrub the foot and application of polish.

## 3. Reflexology

#### 30 minutes USD 80

Reflexology is a traditional Chines massage that focuses solely on the treatment of your tired feet. We will ease any tension you may be feeling.



# **FACIALS**

### 1. Calming Sensitive Facial

#### 60 minutes USD 130

A facial to cleanse and hydrate the skin, combined with facial massage and mask designed to promote beautiful radiant skin. It helps to sooth sunburn and sensitive skin condition.

# 2. Anti Ageing Facial

#### 60 minutes USD 140

Suitable for all skin types but in particular those in search of anti-ageing results. Combination of botanical and aromatherapy ingredients that help to tighten and tone the skin, reducing visible expression lines resulting in your skin looking relaxed and rosy.

## 3. Intense Hydration Facial

#### 60 minutes USD 130

Perfectly refreshed, the skin regains softness and radiance. Tightening sensations disappear, the complexion glows, the skin regains its capital hydration.

#### 4. Comfort Lovina's Facial

#### 60 minutes USD 130

Comfort the skin with an exclusive combination of botanical ingredients that soothe sensitized skin. This calming facial is the perfect answer for the hyper sensitivity that can come with frequent travel and other skin challenges such as rosacea.

Rejuvenate

# HOW TO SPA?

## 1. Should I pre-book the spa appointment?

Guest may book the appointment 2 days prior to the treatments, so we can advise most suitable time for you..

# 2. What if I have special health considerations?

Please notify us if you are pregnant; or if you have any concerns regarding your health or body please let us know. We recommend that alcohol not be consumed before, during or immediately after your spa treatments.

# 3. What if I need to cancel my treatments?

We understand that sometimes you may need to change your schedule. To avoid a cancelation full charge please contact us at least four hours in advance of your scheduled service.

## $oldsymbol{4}$ . About service charge and gratuities?

For your convenience a 12% Local Government Tax will be automatically added to your spa services receipt.

You may leave on additional gratuity for team members who deliver exceptional service.





**SCAN ME** 

Providenciales, Turks and Caicos Islands To Book a Spa Treatment Contact Kokomo Concierge Services email: Concierge@KokomoBotanicalResort.com or call +1.649.941.3121